

# CLASS PLACEMENT CRITERIA

CLASS RATIO IS APPROXIMATELY 8:1

**Mini Gymies**- 2 ½ - 3 years – boys and girls 45 min

**Mighty-Gymies** – 4 & 5 year olds – boys and girls 1 hour

**Kinder-Gymies** – in kindergarten and must be 5 by January 31, 2009 - boys and girls

**Girls Elementary 1** - 1<sup>st</sup> – 3<sup>rd</sup> grade – *beginner little or no* experience 1 hour

**Girls Elementary 2** - 1<sup>st</sup> – 3<sup>rd</sup> grade – can perform *good* forward rolls and cartwheels,  
kick to handstand against wall, round off 1 hour

**Girls Elementary 3** - 1<sup>st</sup> – 3<sup>rd</sup> grade – *advanced* – Skills required – Pullover on bars, back hip circle,  
good running round off , backbend/kickover 1 hour

**Girls Intermediate 1** - 4<sup>th</sup> grade and up - *beginner -little or no* experience - 1 hour

**Girls Intermediate 2** - 4<sup>th</sup> grade and up- *some experience* can perform *good* forward rolls and  
cartwheels, kick to handstand against wall, round off 1 hour

**Girls Advanced** - 4<sup>th</sup> grade and up- *advanced* – Skills required – back hip circle, cast straddle  
dismount on bars, back handspring with spot , cartwheel on beam, front or back  
tuck on trampoline. 1 ½ hours

**Beginner Tumbling** – no requirements – *Basic tumbling will be achieved before advancing*

**Intermediate Tumbling** – running round off-correctly– concept of back handspring (without being carried),  
one arm cartwheel - 1 hour

**Advanced Tumbling** – round off back handspring, standing back handspring

**Boys Beginner** - none

**Boys Advanced** – round off, headstand, handstand, concept of front and back handspring,  
front tuck on tramp/tumble trac