

## KMC OPEN GYM

Practice your skills at your own pace. Staff Instructor supervised 2.5 hour workouts are for ages 6 and older select Sundays from 1-3:30 PM (Please check bulletin board for Open Gym dates or call 610 444-4464)

- Open Gym fees are \$10 per person.
- Open Gym starts September 13.
- Open Gym is for members only.
- A limited Open Gym membership may be purchased.
- All participants must have a completed registration form to participate. (Including parent signatures)